

## La Casa de San Gabriel Food Pantry Needs

### Year-round Food Items

Throughout the year, La Casa's Food Pantry provides non-perishable food items to families and homeless individuals in need. Below is a list of the food items that are most commonly used.

- Beans (1-2-pound bags preferred)
- Rice (1-2-pound bags preferred)
- Lentils (1-2-pound bags preferred)
- Cereal
- Oatmeal
- Pasta
- Canned food (vegetables, fruit, and meats)
- Milk (powder)
- Instant soups

### Food Items during Corona Virus Pandemic

During the Corona Virus Pandemic, school-age children are no longer going to school and being home-schooled. La Casa's Food Pantry is working on providing families, especially those with school-age children, with food items for meals and snacks previously provided at school. Following are additional items being requested to support families with children during this time.

- Macaroni and cheese boxes
- Spaghetti pasta and sauce
- Granola bars
- Fruit chew snacks
- Apple sauce
- Jell-O mix
- Peanut Butter
- Jelly or Jam

At this time, we are unable to purchase food items in bulk. We are accepting gift cards to Super A, Smart & Final and Walmart. These are the stores in the local community. Gift cards for \$10 to \$25 will be very helpful. Monetary contributions are also accepted.

Our goal at La Casa is to provide food and gift cards to at least 30 to 50 families a week. Any assistance you can provide is greatly appreciated. To coordinate dropping off donations, please contact Velma de la Rosa at 323.273.3806.

With your help, we can ease the hardship for many families and help them make it through.

<https://interland3.donorperfect.net/weblink/weblink.aspx?name=E121070&id=1>