

## **MONDAY MORNING UPDATE**

## **Presbytery of San Gabriel**

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Monday, August 12, 2019

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#### **Quick Links**

www.sangabpres.org

www.synod.org

www.pcusa.org

www.pensions.org

## **PLEASE REMEMBER**

Please remember New Hope Presbyterian Church of Pasadena in the Prayers of the People in your worship service on Sunday, August 18, 2019

#### ON THE CALENDAR THIS WEEK

Tuesday, August 13 - Education Committee 3:30 at Fuller Seminary

Thursday, August 15 - Administration and Finance 2:30 at the Presbytery Center

## REFLECTION FROM OUR CHAPLAIN FOR RETIRED CHURCH WORKERS, LAUREN EVANS

"Two are better than one because they have a good return for their hard work. If either should fall, one can pick up the other. But how miserable are those who fall and don't have a companion to help them up!"

-Ecclesiastes 4: 9-10

The Bible makes it clear again and again - God's people were not made to be alone. It is full of stories of great friendships - Jonathan and David, Ruth and Naomi, Elijah and Elisha, Paul and Timothy, and a number of others. We even have the consideration of Christ's love being of the kind that means laying one's life down for one's friends.

Many of us found it easy to make friends in our youth. After all, we were thrust into years of doing life together with a number of other children our age in school, whether we liked it or not. Eventually, we found others who we thought were interesting enough to pass the time with, and some of us even ended up with lifelong friends as a result. But friendships seem to be a lot harder to make once we hit adulthood, as the opportunities for regular social interaction with people beyond our family and coworkers become slimmer and slimmer.

A joke that has been passed around Christian circles recently says that Jesus's first real miracle was making 12 friends in his 30s!

But even though real friendships in adulthood might be harder to find and more precious to keep I in our adulthood, friendship may be the key to keeping us happy and healthy as we age, according to an article on the subject from *Generations*, a magazine published by the American Society on Aging.

If you've raised children (or remember being a child yourself!) you might recognize the tendency we all have to listen to our friends more than we do to members of our families. This is because we usually develop friendships with people who are most like us in age, values, interests, and attitudes, people have. For many of us who have kept up one or two life-long friendships, we often take the wisdom of their words as though they came from somewhere within ourselves. And considering how long they've known us, it's easy to understand why!

Even as our lives shift and change, as they inevitably do as we age, the need for the core elements that friendship provides - "companionship, mutual support, reciprocity, affection" - remains a constant within our lives.[1] In other words, we never outgrow the need we have for our friends. We needed them to help shape us and sustain us in our youth and we need them even more as we age. We are more inclined to lean on our friends rather than our family for words of comfort, or for much-needed direction. We are far more likely to confess our worries or weaknesses to our friends or go to them when we need help.

And the scientific research backs up the warning from Ecclesiastes! Indeed, those who do not have a companion to help them up when times get hard or to buoy their joy when things are good are in worse shape than those who do. According to a study carried out by Rosemary Blieszner, the author of the *Generations* article in question, older adults without meaningful friendships tend to be more withdrawn, socially isolated, fall more often, and experience higher incidents of heart disease, depression, and cognitive impairment.[2]

As we move towards Labor Day, consider using the holiday as a time to catch up with a friend you haven't spoken to in awhile. Or have a meal with one you see regularly. It may prove to be one of the best things you can do for your health and your spirit.

Blessings,

Rev. Lauren Evans, Chaplain to Retired Church Workers

[1] Blieszner, R. "The Worth of Friendship", Generations, Spring 2014, 26.

[2] Adams, R.G., and Blieszner, R., 1995. "Aging Well with Friends and Family." *Aging Well in Contemporary Society. American Behavioral Scientist* 39(2): 209-24.

## **Breaking News**

Jake Kim has accepted a call in Apple Valley, so has resigned from his position as Associate for Ministry Development with San Gabriel Presbytery. Blessings to Jake and his family on their new move, and update to come on plans for San Gabriel Presbytery.

Twila French is planning to go half-time starting January 2020, focusing on bookkeeping. The Presbytery Executive Commission has approved a position description for Administrator-Associate Stated Clerk. Please find <u>HERE</u> and let all know who might be interested in this very important position. Note that we are open to someone working 2/3-time or 80%-time, depending on the most qualified candidate's preference. Please send resumes to Wendy Tajima at <u>wendytajima@sangabpres.org</u> by September 14. We hope the candidate will begin before the November 19 Presbytery meeting.

Interested in funding options for your ministry? Come to the **Grateful Stewardship** workshop on Thursday, September 19, 10 am-2 pm at Westminster Gardens. Presbyterian Foundation regional representative Maggie Harmon, an attorney with experience in planned giving, will discuss multiple ways for churches to build their funding base. See and post the <u>FLYER</u>, and RSVP by September 9 to reserve the free lunch.



#### **Church Record Review**

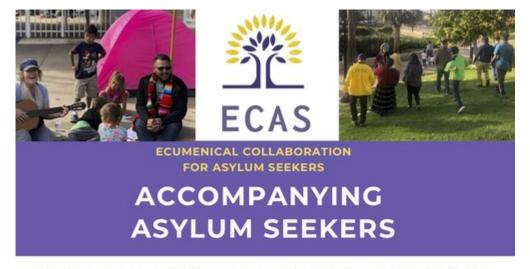
The next Minute Review for clerks/pastors is scheduled for October 5th at 10:00 AM at Calvary Presbyterian Church, South Pasadena

#### **VBS Starter Kit Available**

Community Church of El Monte has available a Group VBS Starter Kit with the theme of ROAR and would like to give it to any of our churches. We used it over a five week period as a Sunday school program rather than an actual VBS program and it worked quite well. All of the music and CDs are included. We did not invest in decorations which kept the cost down. If interested, please contact Stephene Moseley at (626)579-3315.

Matthew 25 So Cal is offering training sessions on August 23 and 24 for people interested in accompanying asylum seekers. Potential sponsors and/or support circle participants are welcome to attend either date as they are the <u>same</u> training with a weekday (8/23) and weekend (8/24) option. Please register in advance in order to ensure they have enough training materials and lunch count for all who are attending.

For more information and/or to register go to: https://www.matthew25socal.org/accompany



ORIENTATION AND TRAINING FOR POTENTIAL SPONSORS AND SUPPORT CIRCLES FOR INDIVIDUALS AND FAMILIES SEEKING ASYLUM (CURRENT SPONSORS / SUPPORTERS ALSO WELCOME).

\$25 DONATION TO COVER TRAINING MATERIALS AND LUNCH CLICK HERE TO REGISTER

## Training Dates and Locations:

Friday, August 23,2019 9:00am - 3:00pm Central Lutheran Church 6425 Tyrone Avenue Van Nuys, CA 91401 Saturday, August 24, 2019 9:00am - 3:00pm East Whittier Christian Church 9951 Mills Avenue Whittier, CA 90604

Questions? Contact Priscilla Merlo at 909-524-1636 or email: info@matthew25socal.org

## **Boundary Training Offered in Multiple Languages**

The Synod of Southern California and Hawaii has arranged with Dr. Kibbie Ruth to hold several trainings to prevent sexual harassment and misconduct. The Commission on Ministry of San Gabriel Presbytery is requiring that any new pastor, or any pastor who for whatever reason has not been to a recent training, attend one of these trainings. In addition, the morning session of each day is designed to satisfy the new sexual harassment prevention training requirement of the State of California for all employers with five or more

employees (this includes churches with staff of five or more).

The training is \$10 for the morning or \$15 for the whole day (including lunch), and you have the choice of three days and locations. Each training will begin at 9 am and end by 3 pm.

- September 5 (Thursday), Union Church of Los Angeles, 401 E 3rd St., Los Angeles, CA 90013. Phone (213) 629-3876. Translation will be provided for Spanish, Korean, Taiwanese, Mandarin, and Arabic speakers.
- September 6 (Friday), Shepherd's Grove Presbyterian Church, 4445 Alton Pkwy, Irvine, CA 92604.
   Phone (949) 786-9627. Translation provided for Vietnamese, Korean, Taiwanese, and Indonesian speakers.
- September 7 (Saturday), Emmanuel Presbyterian Church,588 Camino Manzanas, Thousand Oaks, CA 91360. Phone (805) 498-4502. Translation provided for Spanish and Korean speakers.

Anyone is welcome to attend the training, but it is mandatory for San Gabriel Presbytery minister members doing public ministry who have not attended a recent training, and for the employees of any church with staff of five or more who have not arranged for such training themselves.

Click <u>here</u> for more information and links to on-line registration for the trainings.

Click **HERE** to download a copy of the flyer.



God intends for the church and its ministries to be a safe place for all to encounter God and grow into lives of service and fulfillment. We are called to be a holy community.

PresbyterianMission.org

Learn to establish and maintain safe relationships and faith communities including prevention of child abuse, domestic violence, elder abuse, sexual harassment, professional misconduct and other abuses of power.

Teaching Elders are required to attend both morning and afternoon sessions. All others are required to attend the morning session and **strongly encouraged** to attend the afternoon session.

Event Facilitator . . .

#### Rev. Dr. Kibbie Ruth

Senior Consultant Kyros Ministry, San Mateo, CA.

For over two decades Kibbie Ruth, MA, DMin,

has taught abuse prevention and

intervention strategies, and consulted on cases throughout the country. Dr. Ruth concentrates on religious issues of abuse as the Founder and Senior Consultant of Kyros Ministry. She works with judicatories and congregations to establish safe relationships and faith communities, including prevention of child abuse, domestic violence, elder abuse, sexual harassment, professional misconduct and other abuses of power.

Registration is handled through Eventbrite.

#### Three Locations

Please select the ONE event location that best fits your needs. Each event is 9 am to 3 pm; lunch provided.

The registration fee for Teaching Elders/Ministers is \$15.00 and \$10.00 for all others. Payment may be submitted upon registration OR paid at the door. Payment details will be found on the registration page for each of the locations (links below, in the "REGISTER" boxes).

September 5 (Thursday)

REGISTER: Sept. 5 Los Angeles

#### Union Church of Los Angeles

401 E 3rd St., Los Angeles, CA 90013 (213) 629-3876 Translation provided for Spanish K

Translation provided for Spanish, Korean, Taiwanese, Mandarin, Arabic speakers

#### September 6 (Friday)

REGISTER: Sept. 6 Irvine

#### Shepherd's Grove Presbyterian Church

4445 Alton Pkwy Irvine, CA 92604 Phone: (949) 786-9627

Translation provided for Vietnamese, Korean, Taiwanese, Indonesian speakers

#### September 7 (Saturday)

REGISTER: Sept. 7 Thousand Oaks

#### Emmanuel Presbyterian Church

588 Camino Manzanas, Thousand Oaks, CA 91360 Phone: (805) 498-4502

Translation provided for Spanish, Korean speakers

Questions? E-mail Fried Wilson at the Synod office.

The PDF of the 2019-2021 Book of Order is now available. Click <u>HERE</u> to download a copy

BOOK OF ORDER 2019-2021



Click **HERE** to download a copy of the flyer

# Grateful Stewardship:

Strategies to help your church fund its mission

Maggie A.F. Harmon, esq. Presbyterian Foundation Ministry Relations Officer, Southwest

> Thursday, September 19<sup>th</sup> 10:00 AM – 2:00 PM Includes lunch

El Sueno, Westminster Gardens 1420 Santo Domingo Avenue Duarte, 91010

All church leaders and pastors welcome!

Sponsors



PRESBYTERY OF SAN GABRIEL



Westminster Gardens

## 2019 Presbytery Meetings

September 14, 9:00 AM - 12:00 noon @ Puente de Esperanza, La Puente November 19, 7:00 - 9:00 PM (Tuesday evening) @ Trinity, Pasadena

## 2019 Presbytery Minimums

Pastor's Minimum Salary: \$55.840

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Travel/Professional Expense Reimbursement: \$2,645

Study Leave: \$985

## 2019 Mileage Reimbursement Rates:

Business .58 cents per mile Charitable 14 cents per mile



## **EVENTS OF INTEREST**

#### STEWARDSHIP KALEIDOSCOPE

The Pulse of Generosity-Vital Signs of a Healthy Stewardship

September 30 - October 2, 2019 Catamaran Resort - San Diego

For more information and to register, visit www.stewardshipkaleidoscope.org

#### **Church Record Review**

The next Minute Review for clerks/pastors is scheduled for October 5th at 10:00 AM at Calvary Presbyterian Church, South Pasadena

## Presbyterian Older Adult Ministries Network National Conference

October 15-18
Laws Lodge, Louisville Presbyterian Theological Seminary
for more information contact Pat Baker at <a href="mailto:pat@sapctucker.org">pat@sapctucker.org</a> or 678-438-3673
Or visit <a href="mailto:https://www.poamn.org/">https://www.poamn.org/</a>

#### Save the Date

The Board of Directors of Presbyterian Women in the Presbyterian Church (USA), Inc. just cast a unanimous vote for the 2021 Churchwide Gathering of Presbyterian Women! August 5-8, 2021 - St Louis, MO

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